




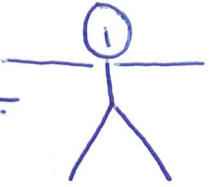







VIVEKA DISCERNEMENT



1.   $\begin{matrix} \text{Ex} \\ \leftarrow \\ \text{IN} \end{matrix}$    $\leftarrow$   $\begin{matrix} \text{IN} \\ \leftarrow \\ \text{Ex} \end{matrix}$   } 6x

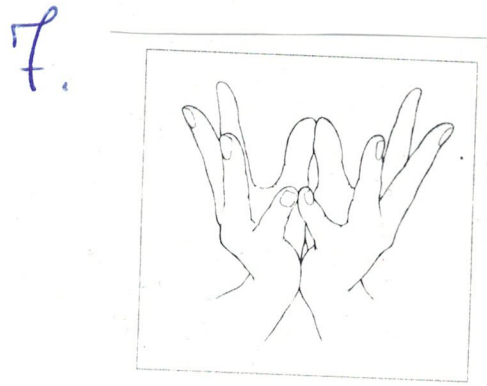
2.   $\begin{matrix} \text{IN} \\ \leftarrow \\ \text{Ex} \end{matrix}$    $\begin{matrix} \text{Ex} \\ \leftarrow \\ \text{IN} \end{matrix}$    $\begin{matrix} \text{IN} \\ \leftarrow \\ \text{Ex} \end{matrix}$   } 5x

3.   $\begin{matrix} \text{IN} \\ \leftarrow \\ \text{Ex} \end{matrix}$    $\begin{matrix} \text{Ex} \\ \leftarrow \\ \text{IN} \end{matrix}$    $\begin{matrix} \text{IN} \\ \leftarrow \\ \text{Ex} \end{matrix}$   $\dots$    $\begin{matrix} \text{IN} \\ \leftarrow \\ \text{Ex} \end{matrix}$   $\dots$    $\begin{matrix} \text{IN} \\ \leftarrow \\ \text{Ex} \end{matrix}$

4.   $\begin{matrix} \text{Ex} \\ \leftarrow \\ \text{IN} \end{matrix}$   } 5x cp

5.   $\begin{matrix} \text{IN} \\ \leftarrow \\ \text{Ex} \end{matrix}$    $\begin{matrix} \text{Ex} \\ \leftarrow \\ \text{IN} \end{matrix}$  } 2x  
Rituel bras G-D  
Jambe G-D

6.   $\begin{matrix} \text{Ex} \\ \leftarrow \\ \text{IN} \end{matrix}$   } 4x quis regos



Mudra Lotus



5x Gestuelle Haut-bes

8. cp & regos